

MENU WEEK 17
21.04. - 25.04.2025



mensa
ESSEN
IN DER WU



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup of the day			Creamy wild garlic soup <small>A.L</small>	Clear vegetable soup soup add on <small>A.C.G.L</small>	Creamy cabbage soup <small>A.L</small>	Clear vegetable soup soup add on <small>A.C.G.L</small>
Soup Deal	€ 3,90	according to the daily plan				
Powered by plants 100% plant based or Veggie			Roast dumpling with egg chives <small>A.C.G</small> € 5,90	Wild garlic and vegetable risotto arugula and seeds of sunflower <small>A.O.L</small> € 5,90	Vegetable peanut curry rice <small>E.F</small> € 5,40 DEAL DES TAGES	Chili Con Planted ciabatta <small>A.F.L.M</small> € 5,40 DEAL DES TAGES
Meaty			Rice and meat hungarian style red pepper sauce <small>L</small> € 5,40 DEAL DES TAGES	Fried chicken schnitzel parsley potatoes <small>A.C.G</small> € 5,40 DEAL DES TAGES	Roast pork warm kraut salad dumpling jus(pork) <small>A.C.G.L.O</small> € 5,90	Fried coalfish parsley potatoes Sc. Tartare <small>A.C.D.G.M</small> € 5,90

Transform your Deal of the Day into a SMART MENU! + soup + side salad only € 7,-

Pizza & Co	€ 7,50 € 7,80	XXX	Pizza Margherita Pizza Speciale	XXX	XXX	XXX
Bowls & Co		Create your own...Bowl Wrap Salad € 7,50		Special Topping € 1,60 Meat Topping € 2,10		Salad Deal € 3,90
Pasta & Co	€ 7,50 € 7,80		Homemade Pasta (A) Homemade Gnocchi (A,C) <i>optionally tomato sauce or pesto</i> Beef bolognese + € 1,-	Homemade Pasta (A) Homemade Gnocchi (A,C) <i>optionally tomato sauce or pesto</i> Beef bolognese + € 1,-	Homemade Pasta (A) Homemade Gnocchi (A,C) <i>optionally tomato sauce or pesto</i> Beef bolognese + € 1,-	Homemade Pasta (A) Homemade Gnocchi (A,C) <i>optionally tomato sauce or pesto</i> Beef bolognese + € 1,-
Global & Grill			Chicken souvlaki grilled vegetable c urcua rice tsatsiki <small>G.L</small> € 9,20	Bao Buns Pulled Pork <u>oder</u> Planted Pulled BBQ <small>A.F,G</small> € 9,20	Mensa Burger Pommes Beef <u>oder</u> Planted 'Crispy Chicken style' <small>A,G</small> € 9,20	Food Waste Day € 5,40

Refresh yourself! Genieße ein zu deinem Menü!

CHANGES RESERVED!

HIER ISST MAN RICHTIG **FRISCH**